

ARRHYTHMIAS – SYNCOPE

Prepare for your doctor's visit!

You are here because you had an episode of loss of consciousness (you may describe it as fainting, falling, etc.) The following questions will help you and your doctor to arrive at a reasoned diagnosis.

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- ☐ Darkening of the visual field
- ☐ Feeling "empty"
- ☐ Sleepiness
- ☐ Fatigue
- ☐ Fainting after exercise or after certain stimuli such as coughing, laughing, swallowing, urinating or defecating
- ☐ Loss of balance or weakness in standing
- ☐ Changes in vision (spots or tunnel vision)
- ☐ Feeling of Pulses
- ☐ Sweating
- ☐ Hearing disorders: hearing loss, tinnitus, distant sounds
- ☐ Headache

How are you feeling after the Transient Loss of consciousness?

Did the episodes have the bellow characteristics ? (Tick only the ones which you are sure about)

- ☐ Total loss of consciousness
- ☐ Inability to maintain an upright position and fall
- ☐ The symptom is transient, appears suddenly and has a short duration (usually seconds).
- ☐ Automatic and complete recovery

Does your fainting affect your daily life? (Describe these activities)

Have you had any medical screening for your condition?

Is there a family history of unexplained loss of consciousness or sudden death <55 years of age?

What other health problems are you facing ? (Blood pressure, neurological or heart disease)

Are you taking any medication and if so which one? Is there a correlation between the onset of symptoms and the initiation of any treatment?

What else do you consider important for your situation?